

California Agriculture

Hands-on learning:
*Healthier choices,
better lives*

Special issue:
**Healthy Families and
Communities**

E-Edition: Nitrogen use

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COVER Garden-enhanced nutrition education increases children's fruit and vegetable intakes, helping to address high childhood obesity rates (see page 30). Research indicates that long-lasting improvements are achieved through multiple efforts — offering healthy foods on school campuses; teaching nutritional and environmental science in the context of gardening; and involving communities and regional agriculture (see pages 13, 21). Shown are students tending their vertical garden at Downtown Value School in Los Angeles. The school also has a flower and produce garden that goes around the school grounds, a small greenhouse and a worm compost bin. *Photo by Peter Bennett*

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Editor's note: *California Agriculture* gratefully acknowledges the faculty chairs for this special issue, David Campbell and Sheri Zidenberg-Cherr, from the UC Davis Departments of Human Ecology, and Nutrition, respectively.

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- 62 This article can be found in full on the *California Agriculture* website; for a summary and link, see page 62.

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